



BETTERMAN ELITE PRACTICE SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OFF DAY	<p>BETTERMAN ELITE ACADEMY (STRENGTH AND CONDITIONING) 9AM-11AM</p> <p>BETTERMAN ELITE CLUB PRACTICE 4PM-6PM</p> <p>BETTERMAN ELITE KIDS PRACTICE 6PM-7:30PM</p>	<p>BETTERMAN ELITE ACADEMY (STRENGTH AND CONDITIONING) 9AM-11AM</p> <p>BETTERMAN ELITE CLUB PRACTICE 4PM-6PM</p>	<p>BETTERMAN ELITE ACADEMY (STRENGTH AND CONDITIONING) 9AM-11AM</p> <p>BETTERMAN ELITE CLUB PRACTICE 4PM-6PM</p> <p>BETTERMAN ELITE KIDS PRACTICE 6PM-7:30PM</p>	<p>BETTERMAN ELITE ACADEMY (STRENGTH AND CONDITIONING) 9AM-11AM</p> <p>BETTERMAN ELITE CLUB PRACTICE 4PM-6PM</p>	<p>BETTERMAN ELITE ACADEMY (STRENGTH AND CONDITIONING) 9AM-11AM</p> <p>BETTERMAN ELITE CLUB PRACTICE 4PM-6PM</p> <p>BETTERMAN ELITE KIDS PRACTICE 6PM-7:30PM</p>	TOURNAMENTS